

# **MIDSTATE GYMNASTICS ACADEMY**

3720 Hollis Drive, Springfield, IL

**787-7004**

## **2010 SUMMER CLASS SCHEDULE**

*FAMILY DISCOUNTS FOR CLASS FEES*

*MULTIPLE STUDENTS/CLASSES RECEIVE A 20% DISCOUNT*

*REGISTRATION FEES \$30.00 PER STUDENT OR \$55.00 PER FAMILY*

*REGISTRATION FEES ARE PAID ON A YEARLY BASIS*

**OVER 3,000 SQ FT DEDICATED TO OUR PRESCHOOL & KINDERGYM PROGRAMS**

**OVER 5,700 SQ FT DEDICATED TO OUR BIRTHDAY PARTIES**

**OVER 12,000 SQ FT DEDICATED TO RECREATIONAL, TUMBLING & TEAM PROGRAMS**

### **TODDLER GYMNASTICS**

**\$33.00 month - w/NO Registration Fee**

**4-30 Minute classes a month (once a week)**

18 Months - 2 Years, parental participation required, helps develop coordination using motor activities through playtime & gymnastics instruction. Come Join the Fun!!!

**Student/ instructor ratio 6 to 1**

<b>MONDAY</b>	<b>8:30 – 9:00 AM</b>	<b>Alison</b>
<b>TUESDAY</b>	<b>5:30 – 6:00 PM</b>	<b>Alison</b>
<b>WEDNESDAY</b>	<b>5:30 – 6:00 PM</b>	<b>Alison</b>
<b>THURSDAY</b>	<b>9:00 – 9:30 AM</b>	<b>Rebecca</b>

### **PRESCHOOL GYMNASTICS**

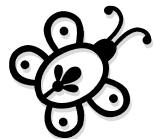
**\$50.00 month - w/NO Registration Fee**

**4-45 Minute classes a month (once a week)**

2&3 year olds, parental participation required, develops coordination, social interaction, gymnastics instruction included....LOTS OF FUN TOO!!!!

**Student/ instructor ratio 6 to 1**

<b>MONDAY</b>	<b>9:00 – 9:45 AM</b>	<b>Alison</b>
	<b>6:00 – 6:45 PM</b>	<b>Kathy C</b>
<b>TUESDAY</b>	<b>6:00 – 6:45 PM</b>	<b>Alison</b>
	<b>6:15 – 7:00 PM</b>	<b>Kathy C</b>
<b>WEDNESDAY</b>	<b>10:30 – 11:15 AM</b>	<b>Alison</b>
	<b>6:00 – 6:45 PM</b>	<b>Alison</b>
<b>THURSDAY</b>	<b>10:15 – 11:00 AM</b>	<b>Rebecca</b>
	<b>6:00 – 6:45 PM</b>	<b>Rebecca</b>



## ***GYM BUGS PLAYTIME***

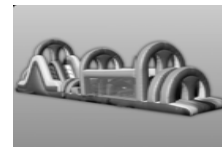
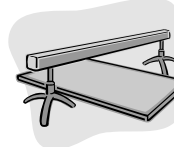
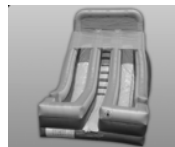
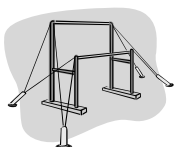


**\$66.00 a month / 4 – 1½ classes a month (once a week) – w/NO Registration Fee**

**Four 1½ hour classes once a week for children ages 2-6 years. Parents are required to stay for children under the age of 3, however all parents are invited to stay! A NICE BLEND OF STRUCTURE AND PLAYTIME FOR THE ENERGETIC CHILD!!**

### **Class includes:**

**GYMNASTICS INSTRUCTION!! PLAY TIME IN THE PIT!!  
PLAY TIME ON THE INFLATABLES!! CRAFT PROJECTS!!**



**GREAT FUN and EXERCISE!!!**

<b>Monday</b>	<b>10:00 – 11:30 AM</b>	<b>Alison / Theresa</b>
<b>Tuesday</b>	<b>9:00 – 10:30 AM</b>	<b>Alison</b>
<b>Thursday</b>	<b>12:30 – 2:00 PM</b>	<b>Rebecca</b>

# **KINDERGYM CLASSES**

**\$50.00 MONTH/4-45 minute classes a month (once a week)**

**Student/instructor ratio 6 to 1**

**OVER 3.000 SQ FT DEDICATED TO OUR PRESCHOOL & KINDERGYM PROGRAMS**

## **KINDERGYM 1**

**3- 5 year olds, entry level, includes basic instruction in tumbling and on the gymnastic apparatus**

<b>MONDAY</b>	<b>5:30 - 6:15 PM</b>	<b>Lindsey</b>
	<b>6:15 - 7:00 PM</b>	<b>Lindsey</b>
<b>TUESDAY</b>	<b>10:30 - 11:15 AM</b>	<b>Alison</b>
	<b>5:30 - 6:15 PM</b>	<b>Kathy C</b>
<b>WEDNESDAY</b>	<b>9:00 - 9:45 AM</b>	<b>Alison</b>
	<b>11:15 - 12:00 PM</b>	<b>Alison</b>
	<b>5:45 - 6:30 PM</b>	<b>Kathy C</b>
	<b>6:30 - 7:15 PM</b>	<b>Kathy C</b>
<b>THURSDAY</b>	<b>9:30 - 10:15 AM</b>	<b>Rebecca</b>
	<b>6:30 - 7:15 PM</b>	<b>Kali</b>

## **KINDERGYM 2**

**3- 5 year olds, must have some prior experience, includes basic instruction in tumbling and on the gymnastic apparatus**

<b>MONDAY</b>	<b>6:00 - 6:45 PM</b>	<b>Devan</b>
<b>TUESDAY</b>	<b>11:15 - 12:00 PM</b>	<b>Alison</b>
	<b>5:45 - 6:30 PM</b>	<b>Kali</b>
<b>WEDNESDAY</b>	<b>9:45 - 10:30 AM</b>	<b>Alison</b>
	<b>5:30 - 6:15 PM</b>	<b>Theresa</b>
<b>THURSDAY</b>	<b>11:00 - 11:45 AM</b>	<b>Rebecca</b>
	<b>6:00 - 6:45 PM</b>	<b>Lindsey</b>

# ADVANCED KINDERGYM CLASSES

**\$66.00 MONTH/4 - 1 ½ hour classes a month (once a week)**  
**Student/instructor ratio 7 to 1**

## ADVANCED KINDERGYM 1 / 2

5 – 7 year olds, entry level, includes basic instruction in tumbling and on the gymnastic apparatus

<b>MONDAY</b>	<b>10:30 - 12:00 PM</b>	<b>Devan</b>
	<b>4:30 - 6:00 PM</b>	<b>Kali</b>
	<b>6:00 - 7:30 PM</b>	<b>Emma</b>
<b>TUESDAY</b>	<b>9:00 - 10:30 AM</b>	<b>Erin</b>
	<b>4:30 - 6:00 PM</b>	<b>Theresa</b>
	<b>6:00 - 7:30 PM</b>	<b>Theresa</b>
<b>WEDNESDAY</b>	<b>4:00 - 5:30 PM</b>	<b>Kali</b>
	<b>6:00 - 7:30 PM</b>	<b>Emma</b>
<b>THURSDAY</b>	<b>4:30 - 6:00 PM</b>	<b>Theresa</b>

## ADVANCED KINDERGYM 2 / 3

5 – 7 year olds, *1 year prior experience required, or placement by Midstate staff*, includes basic instruction in tumbling and on the gymnastic apparatus

<b>MONDAY</b>	<b>4:30 - 6:00 PM</b>	<b>Devan</b>
<b>TUESDAY</b>	<b>6:00 - 7:30 PM</b>	<b>Lindsey</b>
<b>WEDNESDAY</b>	<b>9:00 - 10:30 AM</b>	<b>Devan</b>
	<b>4:00 - 5:30 PM</b>	<b>Theresa</b>
	<b>6:00 - 7:30 PM</b>	<b>Kali</b>
<b>THURSDAY</b>	<b>6:00 - 7:30 PM</b>	<b>Theresa</b>

## RECREATIONIAL PROGRAM

**\$66.00 MONTH / 4 - 1 ½ hour classes a month (once a week) - student/instructor ratio 8 to 1**

The following classes graduate upward in skill level. They include instruction in tumbling and on the Gymnastic apparatus. Each class has its own progressive curriculum. These classes are designed for students 8 years and older.

A 12,000 Square foot area separate from our pre-school gym with multiple pieces of equipment!

### BEGINNER / ADVANCED BEGINNER

MONDAY	9:00 - 10:30 AM	Devan
	4:00 - 5:30 PM	Lindsey
TUESDAY	10:30 - 12:00 PM	Erin
	4:00 - 5:30 PM	Kali
WEDNESDAY	4:30 - 6:00 PM	Emma
	6:00 - 7:30 PM	Lindsey
THURSDAY	6:00 - 7:30 PM	Emma

### ADVANCED BEGINNER / INTERMEDIATE

MONDAY	6:00 - 7:30 PM	Kali
TUESDAY	6:30 - 8:00 PM	Kali
WEDNESDAY	10:30 - 12:00 PM	Devan
	4:30 - 6:00 PM	Lindsey
THURSDAY	6:00 - 7:30 PM	Alison

### ADVANCED INTERMEDIATE / ADVANCED

TUESDAY	6:00 - 7:30 PM	Rebecca
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## TUMBLING CLASSES

**\$55.00 MONTH / 4-1 hour classes a month (once a week) 8 years and older, includes instruction on tumbling and trampoline. Classes categorized by skill level.**

### BEGINNER / INTERMEDIATE

MONDAY	6:00 - 7:00 PM	Alison
TUESDAY	7:30 - 8:30 PM	Rebecca
WEDNESDAY	7:10 - 8:10 PM	Alison

### ADVANCED INTERMEDIATE / ADVANCED

*(must have round off – back handspring)*

MONDAY	6:00 - 7:00 PM	Randy
WEDNESDAY	7:10 - 8:10 PM	Rebecca

## CHEERLEADING CLASSES

**\$60.00 MONTH / 4 - 1½ hour classes a month (once a week)**

5 years and over, includes instruction on tumbling and tramp. Classes categorized by skill level.

TUESDAY	Advanced Cheer (by placement only)	
	6:50 - 8:20 PM	Corey
WEDNESDAY	Mini Cheer (5 – 8 year olds)	
	Youth Cheer (9 & over)	
	4:00 - 5:30 PM	Amy & Corey

## **ADDITIONAL INFORMATION**

1. There may be additions or deletions to this schedule. Please inquire at the office if you have difficulty working out a schedule for your child.
2. Classes with less than 3 students may be deleted.
3. The Summer schedule will start on Monday, June 7<sup>th</sup>.
4. Midstate will be closed Sunday, May 23 - Sunday, June 6.
5. The last day of class for the 2010 Spring Schedule is Saturday, May 22<sup>nd</sup>.

## **REGISTRATION INFORMATION**

Registration will not be taken over the phone. You may call to check on the availability of a class, but you must come in to register. Class fees and the registration fee (if due), must be paid when enrolling a student.

## **REGISTRATION OFFICE HOURS**

Monday, May 3<sup>rd</sup> – Thursday, May 6<sup>th</sup>  
8:30 AM – 10:30 AM & 4:30 PM – 7:00 PM

Saturday, May 8<sup>th</sup> –  
9:00 AM – 12:00 PM

Monday, May 10<sup>th</sup> – Thursday, May 13<sup>th</sup>  
8:30 AM – 10:30 AM & 4:30 PM – 7:00 PM

Saturday, May 15<sup>th</sup> –  
9:00 AM – 12:00 PM

Monday, May 17<sup>th</sup> – Thursday, May 20<sup>th</sup>  
8:30 AM – 10:30 AM & 4:30 PM – 7:00 PM

Saturday, May 22<sup>nd</sup> –  
9:00 AM – 12:00 PM

Tuesday, May 25 –  
4:30 PM – 7:00 PM

Thursday, May 27 –  
4:30 PM – 7:00 PM

The gym will be closed Sunday, May 23 through Sunday, June 6<sup>th</sup>.

**Call the office at 787-7004 and leave a message with your name and number. We will be checking messages and returning calls.**